

The image displays a handwriting practice sheet with four rows of dashed patterns for tracing. Each row is contained within a three-line grid consisting of a solid top line, a dashed middle line, and a solid bottom line. The patterns are as follows:

- Row 1:** A series of eight 'W' shapes, each formed by four dashed lines connecting the top and bottom lines.
- Row 2:** A series of eight 'O' shapes, each formed by two dashed lines connecting the top and bottom lines in a circular path.
- Row 3:** A series of eight 'A' shapes, each formed by four dashed lines connecting the top and bottom lines.
- Row 4:** A series of eight 'H' shapes, each formed by four dashed lines connecting the top and bottom lines.