

The worksheet is divided into four horizontal sections, each containing a different tracing pattern. Each section is bounded by two solid vertical lines and a dashed vertical line in the center. The patterns are as follows:

- Section 1:** A zigzag pattern of dashed lines that oscillates between the top and bottom solid lines, crossing the central dashed line.
- Section 2:** A series of connected loops of dashed lines that touch the top and bottom solid lines and cross the central dashed line.
- Section 3:** A diamond or hourglass shape of dashed lines that is widest at the top and bottom solid lines and narrowest at the central dashed line.
- Section 4:** A series of connected semi-circles of dashed lines that touch the top and bottom solid lines and are centered on the central dashed line.